

9/9/2020

Weekly Assessment 3 –

Weight: 15%

The deadline to submit it on *Turnitin* is on Sunday the 13th of September 2020 at 5PM.

Please go through the syllabus for late submission and plagiarism cases.

Assessment type	Report
Topic	Different Athletics Modalities
Description of the Assessment	Students will watch four different modalities in Athletics and will <i>describe each of them and analyze the differences and similarities.</i> Women's 100m Final: IAAF World Championships London 2017 https://www.youtube.com/watch?v=FiW1IntIM48 Men's triple jump Final: World Athletics Championships Doha 2019 https://www.youtube.com/watch?v=C3-hPDlsKuI Men's Shot Put Final: World Athletics Championships Doha 2019 https://www.youtube.com/watch?v=SEFOEWCsq6Q Men's 3000m steeplechase final IAAF World Championship London 2017 https://www.youtube.com/watch?v=yUq62lkAbvg
Originality/Submission	- Students must submit a PDF file report of a minimum of 250 words. <i>Credit the Sources of Information and Ideas:</i> When citing Internet sources, include the following information: author(s), title of work, Internet address, and date information was published. - APA style. Include a cover page. Divide the information with paragraphs.
General Guidelines	Students will seek for the major differences between modalities on the: - Atmosphere at the stadium (audience). - Nature of each modality (Jumps? / sprint? /Hurdles? etc.) Target of the Athletes in each video. Is it measured in time or distance? - Differences in body composition of athletes from different modalities? Explain if there are any. In your opinion, what are the differences in the type of training for each modality? - Winner athletes, their nationalities, and their records in that event (when available).

	e) Write your opinion on the four types of modalities shown in the videos. Which one do you like the most? Why? Which one do you think is the hardest??
Grading Rubric	Bare pass mark (60%) 60/100: watching the videos; writing a report of less than 250 words, not showing the main differences between both modalities regarding: 1- Atmosphere, 2- Nature of the modalities winner athletes, 3- Body composition and type of training, 4- Winners and records, 5-Your opinion. Most of the answers are not original. Pass mark 65% Watching the videos; writing a report of barely 250 words, and showing poorly understanding about the main differences between both modalities regarding: 1- Atmosphere, 2- Nature of the modalities winner athletes, 3- Body composition and type of training, 4- Winners and records, 5-Your opinion. Most of the answers are not original. C classification Watching the videos; writing a report of 250 words, and showing average understanding about the main differences between both modalities regarding: 1- Atmosphere, 2- Nature of the modalities winner athletes, 3- Body composition and type of training, 4- Winners and records, 5-Your opinion. The answers are not completely original. B classification Watching the videos; writing a report of 250 words, and showing adequate understanding about the main differences between both modalities regarding: 1- Atmosphere, 2- Nature of the modalities winner athletes, 3- Body composition and type of training, 4- Winners and records, 5-Your opinion. The answers are somewhat original and written by the student. A classification Watching the videos; writing a report of at least 250 words, and showing excellent understanding about the main differences between both modalities regarding: 1- Atmosphere, 2- Nature of the modalities winner athletes, 3- Body composition and type of training, 4- Winners and records, 5-Your opinion. The answers are original and written by the student.